# THE BEST WAY TO ENSURE YOU GET OPTIMALLY FITTING GARMENTS IS TO TRY THEM ON FOR REAL!

### **IMPORTANT MEASUREMENT TIPS**

- 1. Get help from someone to take your measurements.
- 2. Take measurements dressed in body-tight underwear.
- 3. Measure tight against/around your body, but without the measuring tape being pulled so hard that it "cuts" in.
- 4. When measuring the inside leg, make sure the measuring tape is firmly extended.



Top of the head to the sole of the foot

#### **B.** Chest

Chest width, horizontally at the widest point.

#### C. Waist

Waist width, horizontally at navel height. Important measurement for one piece trousers and overalls.

## D. Seat

Seat width, horizontally at the widest point.

### E. Inside leg

Crotch to the sole of the foot. Extremely important measurement to ensure the kneepads end up in the right position.



SIZE M

Every CE-marked garment has to have a label with a pictogram that shows the size and the body measurements of the person that the garment is intended for. This means that you always can check inside the garment to see the size.



Pantaloni							
Marime		30	32	34	36	38	40
Circumferinta talie - C	(cm)	83	87	92	97	102	106
Interiorul piciorului - E	(cm)	83	83	83	83	83	83

Ghid realizat de importator oficial in Romania



